In This Issue:
Faculty Promotion 4
Student Podcast 5
Mission Talk 6
Blood Drive 8
Library News 9
Drug-Free School Report addendum

Birthday Corner

October
4 Fr. Hien Pham
6 Dr. Ron Condon
6 Frt. Nam Nguyen, SVD
6 Sr. Sarah Aberba, SVI
10 Fr. Georges Midiangu
11 Fr. Paul Aquino
12 Thang Cao Trinh
12 Fr. Omar Ortega Patino
16 Fr. Tuan Hoang
16 Sr. Nhan Thi Dao, LHC
17 Aung Phone Khant

THE PRESIDENT Fr. Tom Ascheman, SVD

Guardian Angels for DWC

In the first days of October we celebrate the Guardian Angels. One of the first prayers I learned was:

“Angel of God, my guardian dear, to whom God’s love commits me here, ever this day be at my side, to light to guard to rule and guide.”

I remember the joy and reassurance felt in knowing that I had my own angel to protect and guide me. In those childish days I mostly worried about monsters under my bed. A guardian angel beats monsters every day and all night long!

My grandmother encouraged me to give a name to my angel. She also told me that if I start a rosary when I am ready to go to sleep, my angel finishes if for me. A religious Sister who was my first grade teacher said we should always leave a little room on our chairs so that our guardian angels will have room to sit. Childish, but beautiful thoughts indeed!

My mom added one more important piece of angel wisdom. She would say, “Be an angel and keep an eye on your little brother.” I thought, “Wow! I can be like a guardian angel by watching over my brothers and sisters.” I guess I was already starting to think like a missionary.

Does DWC have a guardian angel? Maybe. The College certainly needs a protector, advisor and guide! Whether we have a pure-spirit-angel-guardian or not, I do know that we have quite a number of people who help keep watch over us.

The Board of Trustees is a kind of cloud of angels for the College. There are currently 24 trustees who keep an eye on us. They include 12 religious and 12 lay persons. This weekend, they are gathering at Divine Word College to review and advise on matters such as Finance, Academic Affairs, Formation and Student Life, Planning and Operations, Development and External Affairs, and

PLEASE NOTE
There will not be an issue of The LOG on October 10.
Vocations and Admissions. Their prayers, deliberations and generosity keep us moving toward the fullness of God’s Kingdom. I won’t have to worry about monsters under the bed this week.

The Chicago Province Council and the Provincial Superior will also be meeting at the College this week. They are another cloud of angels looking out for us, helping to make sure we have the finances and the personnel to continue preparing missionaries for today’s world.

Please greet all these “angels” when you see them this weekend. Join us in the dining room beginning at 5 PM on Friday to welcome them to our campus.

Divine Word College
Board of Trustees
2023-2024
Marlene Decker is an Angel

Ms. Marlene Decker has served Divine Word College and the SVD community for 48 years! Truly she has been an “angel” in many ways. This week she is retiring from her position as Director of the Business Office. Happily she plans to continue to help out once a week.

On Saturday, October 7, at 11:15 am, we will have a Mass to honor and thank Marlene for the blessings she shares with us. After the Mass there will be a luncheon in the dining room. Please make plans to join us.

There will also be a retirement party for Marlene on Saturday, October 28. It will be held at “Locals” Bar in Epworth.

The Heat is On

Today and tomorrow are beautiful summer-like days. However, the temperatures will turn suddenly colder starting on Friday.

To prepare for colder weather, the maintenance crew has been testing the boilers and the radiators. In most of the building, the heating system will be turned on beginning Thursday afternoon.
- If your room or office is too warm, please open the windows.
- In the evening please CLOSE the windows.

In rooms with the heat-pump/split units, please make sure that everyone on your stack is set to “heat” rather than to “cool”. The boiler in the SVD wing will be turned on in about a week. Thanks for your patience and understanding.
Halo Effect

What’s a Halo Effect? “A problem that occurs when judgments are influenced by each other” (Allen, 2004, p. 169). An example from non-assessment reality: the Halo Effect can occur when we attribute positive characteristics to a person simply because that person is attractive. In assessment, we may attribute higher scores to various criteria because a person did very well on another, maybe non-related, criteria.
Student Podcast
Are you seeking ways to grow in your vocation or mission and connect with like-minded individuals? Look no further than DWC Public Witness Media! This podcast, hosted by the students of the Digital Public Witness class, covers a wide range of witnessing-related topics, offering practical tips and insights you can apply to your life. Today, Tuesday, October 3rd, 2023, we launch the podcast with the first episode of the “INSPIRED WORD” show. We find the show informative and engaging. You will, too! So why not give it a listen? You will not regret it: dwcpublicwitnessmedia.podbean.com
Roadside Cleanup

Many thanks to all those who took their time to participate in the Roadside Cleanup last Saturday. Your commitment to picking up litter along the roads not only reflects your deep care for the environment but also aligns with Pope Francis’s message: “The Earth is our environment to protect and the garden to tend to.” Your continued efforts are commendable, and Keep up the excellent job!

Mission Talk

A friendly reminder that there will be a Mission Talk scheduled for this Thursday, October 5, 2023, at 7:30 PM in room 107. The session will feature presentations from Br. Mike Decker, SVD, Br. Brian McLauchlin, SVD, and Fr. Nick Hien Nguyen, SVD, focusing on the theme of the SVD Brotherhood program. They will share their journeys and vocations, offering insights into what it means to be a religious brother in the Society of the Divine Word. Fr. Nick Nguyen will provide more information about the brotherhood program within the SVDs. All SVD members and SSpS sisters are invited to join, and all SVD candidates are required to attend.

Board of Trustees Meeting

The Board of Trustees will be meeting at Divine Word College from Friday, October 6, 2023 through Saturday, October 7, 2023. The Board of Trustees are the governing body of Divine Word College, playing a crucial role in making important decisions for the college and its future. We kindly request that you extend a warm welcome to our board members if you encounter them during their visit.

- **On Friday, October 6** there will be a social event, beginning at 5:00 PM in the dining room. Dinner will be served as usual at 5:30 PM. We encourage all students to come and take this opportunity to interact with the Board of Trustee members.

- To make this special occasion, all students are required to attend a large community Mass with the Board of Trustees on Saturday, October 7, 2023, at 11:15 AM in the main chapel. During Mass, we will also take a moment to acknowledge and celebrate the dedication and service of Marlene Decker, who will begin her well-deserved retirement after more than 40 years of service to the college.
Understanding Attention Deficit Hyperactive Disorder (ADHD)

I decided to clean my room, which looked like an earthquake had just happened. I started picking up my socks on the floor and putting them in my laundry basket. While doing so, I saw my Psychology book in the corner near the laundry basket. I quickly picked up the book, dropped my socks on the basket, and sat on my lazy chair. Ignoring all the stuff on my floor, I started reading Sigmund Freud, an Austrian Neurologist. After a few pages, I found references to human minds in other books. Soon, I was lost because one piece of information led me to another. An hour later, I felt exhausted from Sigmund Freud and all the information I read. I returned to my intended task. I was hunting for the missing half of a pair of winter gloves that had gone on furlough, perhaps permanently, when I saw another item of clothing hanging on my desk chair. This item reminded me to do my laundry before evening. I went downstairs with my laundry basket in one hand and a trash bag in my other, and the doorbell rang. I ruined my plan to make order in my room.

What is completely lacking in the ADHD mind is a template of order. People with this disorder may be able to visualize what a neat room would look like, but the mindset to create that order needs to be added, as Dr. Gabor Mate puts it in his book Scattered Minds. They are reluctant to discard anything because they think they might need it someday. Order seems temporary because soon after they organize their stuff, they will start to mess it up again. Dr. Mate said, “The law of entropy rules: order is fleeting, chaos is absolute.”

According to the American Psychiatric Association’s Diagnostic and Statistical Manual, 5th edition (DSM-5), people with ADHD show three significant features, any two of which suffice for the diagnosis: poor attention skills, deficient impulse control, and hyperactivity. ADHD is situational. It means that in the same person, its expression may vary depending on the circumstances. For example, a person with ADD may perform remarkably well in one thing while they are scattered, unproductive, and perhaps disruptive in another. The lack of attention for the individual with ADHD is not a way for them to show disobedience. There are emotional and neurophysiological forces behind their behavior.

Impulsiveness is a pervasive characteristic of an individual with ADHD. They can barely restrain themselves from interrupting others and find waiting for their turn in all activities challenging. They often act or speak impulsively as if forethought did not exist. Indeed, this impulsiveness brings negative consequences. They desire to control themselves, but the mind will not let them do so.
The third characteristic of people with ADHD is hyperactivity. One thing of hyperactivity that many people might not have observed is fidgeting, tapping hands or feet, or squirming in a seat. They may also talk excessively. However, in a few cases, some students may go through school inattentive and absent-minded. They pass through from grade to grade because they cause no trouble. People with ADHD experience their minds like a perpetual motion machine. They feel they should do something but do not know what to do.

Treatment for ADHD combines medications, mostly stimulants for adults, and behavioral therapy. Mindfulness meditation is shown to help improve emotional control, sustain attention, and be aware of body sensations.

The Counseling Center is open five days a week, with appointments on weekends and holidays. Please reach out to us at auntarto@dwci.edu | Room 220 | Ext. 377 for more information.

“Success is not a final, failure is not a fatal. It is the courage to continue that counts.” –Winston Churchill

The online apparel store is OPEN!!
Click on the image above and browse a selection of shirts, hats, jackets and other items all with the Divine Word College logo. The store will be open until through October 14 and all items ordered will be delivered to the college so there are no shipping fees. All sales are final.

Please contact Sandy Wilgenbusch with any questions.
Check it out today!

Blood Drive
Divine Word College will have a “Blood Drive” on Tuesday October 24 from 11 am to 2 PM in the Gym.

Bro. Mike will post a sign-up list for those wanting to donate blood on the student bulletin board. Guidelines for Donors will be posted on the sign-up list. The deadline to sign-up is Tuesday, October 17.

Donating your blood can help 3-4 people in need.

If you have any questions please see Bro. Mike.
New in the Library - New Books

130 books have been added to the collection since the start of the Fall 2023 semester. Titles added in the Religion section (200-299) include:

<table>
<thead>
<tr>
<th>Title</th>
<th>Call Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aristotle's theology</td>
<td>200 A717a</td>
</tr>
<tr>
<td>The Cambridge companion to religion and war</td>
<td>201.7273 K627c</td>
</tr>
<tr>
<td>Goddess lost</td>
<td>202.114 M4788g</td>
</tr>
<tr>
<td>American cults</td>
<td>209.0973 W7341c</td>
</tr>
<tr>
<td>Basic writings of Saint Thomas Aquinas</td>
<td>230.2 A657b vol-1</td>
</tr>
<tr>
<td>Basic writings of Saint Thomas Aquinas</td>
<td>230.2 A657b vol-2</td>
</tr>
<tr>
<td>Hugh of Saint Victor</td>
<td>230.2092 R787h</td>
</tr>
<tr>
<td>The Trinity</td>
<td>231.044 W5821t</td>
</tr>
<tr>
<td>In quest of the Jewish Mary</td>
<td>232.91 A865</td>
</tr>
<tr>
<td>Mary, the Church at the source</td>
<td>232.91 B1972m</td>
</tr>
<tr>
<td>Hail, Holy Queen</td>
<td>232.91 H1481</td>
</tr>
<tr>
<td>Rethinking Mary in the New Testament</td>
<td>232.91 S77418r</td>
</tr>
<tr>
<td>Behold your mother</td>
<td>232.91 S7941b</td>
</tr>
<tr>
<td>The treatise on human nature</td>
<td>233.5 A657t</td>
</tr>
<tr>
<td>The life of Mary as seen by the mystics</td>
<td>248.22 B87717l</td>
</tr>
<tr>
<td>The care of souls</td>
<td>253 S4779c</td>
</tr>
<tr>
<td>If God still breathes, why can't I?</td>
<td>261.83 P2381i</td>
</tr>
<tr>
<td>Mary &amp; the art of prayer</td>
<td>264.02 B87717m</td>
</tr>
<tr>
<td>John Wyclif</td>
<td>270.5092 L183j</td>
</tr>
<tr>
<td>Does God love the coronavirus?</td>
<td>271.738 B4676</td>
</tr>
<tr>
<td>The other Catholics</td>
<td>284.8 B9954o</td>
</tr>
<tr>
<td>Treatise on awakening Mahayana faith</td>
<td>294.3 J826t</td>
</tr>
<tr>
<td>Islamic thought through Protestant eyes</td>
<td>297.8210955 C2157e</td>
</tr>
<tr>
<td>The Emergence of Shi’i Sufism</td>
<td></td>
</tr>
</tbody>
</table>

New 30-Day Trial: Church Missionary Society and Missionary Studies databases

These primary source and periodical missionary-focused collections are from AM scholar. The most pertinent collection to DWC’s academic program is AM’s Missionary Studies module. The collections in this module are global in scope, with Africa, East and South Asia, Australasia and the Pacific, and the Americas all well-represented, and cover topics like missionary work, educational work, medical work, evangelism, political conflict, and the emergence of indigenous churches. The sources will be of interest to scholars in a range of fields, from missiology to colonial history and anthropology.
Upcoming Events

Campus Read
Join us for the first discussion of *Of Mice and Men* by John Steinbeck on Thursday, October 5th. Grab a pre packed bag lunch from the cafeteria and then head to Room 107 at 11:45 AM. Dr. Richard Garrett will provide a short introduction of the book and then attendees will split into small groups. The first discussion is on pages 1-37 of the book. You are welcome to attend even if you haven’t finished the entire section!

American Archives Month
October is American Archives Month. Please take a minute to check out the new Divine Word College Archives “Student Life Collection,” which is on the Archives SharePoint site. There is also a display on the second floor across from the library.

If you have ever wondered what an archives is or what an archivist does, take a minute to read “What is an Archives” [http://files.archivists.org/advocacy/AAM/WhatIsAnArchives.pdf](http://files.archivists.org/advocacy/AAM/WhatIsAnArchives.pdf). We all engage in archival work to some degree. Understanding archival principles can help you better preserve and access your professional and personal collections.

Out of the Office Next Week
The Iowa Library Associations’ Annual Conference is October 11-13th at the Grand River Center in Dubuque! I will be volunteering to help with the conference, attending professional development sessions, and networking with librarians across the state of Iowa. I will be checking my email during this time so please message me (ewinter@dwci.edu) if you need assistance.
Drug-Free School and Campuses Regulations Report

Name of Report: Annual Drug-Free School and Campuses Regulations Report
Required by: Institute of Higher Education (IHE)
Office Responsible: Dean of Students
Date Due: October 15
How often submitted: Annually
Date presented to Students: January 6 and August 18, 2023, at orientation for all students
Date Published in The Log: October 3, 2023

Standard of Conduct

Divine Word College (DWC) is a Catholic educational institution oriented toward religious life and ministry. DWC is a drug free workplace and college. Students enrolling in DWC assume an obligation to behave in a manner compatible with the College’s function as a Catholic educational institution.

No employee or student shall unlawfully manufacture, distribute, dispense, possess or use any narcotic drug, hallucinogenic drug, amphetamine, barbiturate, marijuana, or any other controlled substance, as defined in schedules "I" through "V" of Section 202 of the "Controlled Substances Act (21 U.S.C. 812).

Workplace is defined to mean the site for the performance of work including any college building or any college premises; any college owned vehicle used to transport students to and from college or college-sponsored or College approved activity, event or function, such as a field trip or athletic event where students are under the jurisdiction of the College. (Divine Word College Policy Handbook, #5.09)

Sanctions

The College recognizes that students are adults and are expected to obey the law and take personal responsibility for their conduct; however, students will be disciplined if their use of alcohol creates a public disturbance, danger to themselves and/or others, or property damage.

All students are to obey the laws of the State of Iowa and the regulations of the College concerning the use and/or possession of alcohol, prescription or non-prescription drugs, and illegal drugs. The legislation reads in part: “A person shall not sell, give, or otherwise supply alcoholic liquor, wine or beer to any person knowingly or having reasonable cause to believe him to be under the legal age of twenty-one (21), and a person or persons under the legal age shall not purchase or attempt to purchase, or individually or jointly have alcoholic liquor, wine or beer in their possession or control; except in the case of liquor, wine or beer given or dispensed to a person under the legal age within a private home and with the knowledge, presence, and consent of the parent or guardian for beverage or medicinal purposes or as administered to him by either a physician or dentist for medicinal purposes or and except to the extent that a person under the legal age may handle alcoholic beverages and beer during the regular course of the person’s
employment by a liquor control licensee, or wine or beer permittee under this chapter.” (Code of Iowa, Section 123.47) (Student Handbook #111, 1.1)

In accord with the Iowa Code, students of the legal age (21 years of age and older) may drink alcoholic beverages. To sell or give or otherwise provide a person under the legal age with alcoholic beverages is prohibited. (Student Handbook #111, 1.2)

The consumption of alcoholic beverages is limited to public recreation areas. For example, the Dining room, Pour House, student lounge, TV rooms, Arkfeld House lounge, Megan Hall lounge, and TV room. (Student Handbook #111, 1.4)

Using or storing alcohol in student dorms is not permitted. Alcohol is not permitted in the kitchen or dining room except during special events when permission has been granted by the Dean of Students (Student Handbook #801.6).

Alcohol is not permitted in any other areas unless permission is granted by the Dean of Students. (Student Handbook #111, 1.5)

The use of alcoholic beverages does not excuse one from respect towards others, towards the property of others, or towards a general atmosphere of quiet in the dorms. (Student Handbook #111, 1.7)

The preceding guidelines are to be considered an integral part of formation for a mature Christian and for someone considering the religious, missionary vocation. They are intended to encourage both responsible enjoyment of alcohol and a gradual self-mastery as well. (Student Handbook #111, 1.8)

The College does not allow student drivers to drink alcohol or use illegal drugs and drive College cars. The College may conduct random drug/alcohol tests if a student appears to be under the influence of any kind of drug. (Student Handbook #804.4)

**Health Risks Associated with Alcohol and Other Drugs (AOD) Abuse**

Drugs are chemicals that affect the body and brain. Different drugs can have different effects. Drugs can change how the brain works and interfere with a person’s ability to make choices, leading to intense cravings and compulsive drug use. Consequently, this behavior can turn into a substance dependency, or drug addiction. The risks of drug use can range from changes in appetite, wakefulness, heart rate, blood pressure, heart attack, stroke, psychosis, overdose, mental illness, heart or lung disease, cancer, and even death.

**Prevention Programs**

The Religious Formation Program offered a formation curriculum throughout the academic year which includes certain topics on the prevention of AOD, namely, Introduction to Addiction, Alcohol, and Drug Addiction.
Besides the formation curriculum of the Religious Formation Program, the Counseling Center can assist with AOD counseling for students and employees and can make referral as needed. There also are other programs available nearby and nationwide. A number of resources are listed below.

**Campus Resource**

DWC Counseling Center  
Room 220  
Phone (563) 876-3353 Ext 270

**Off-Campus Resource**

Turning Point Treatment Center  
250 Mercy Drive Dubuque, IA 52001  
Phone: (563) 589-8925

Substance Abuse Services Center  
799 Main Street  
Dubuque, IA 52001  
Phone: (563) 582-3784

National Institute on Drug Abuse  
1-800-662-HELP

National Council on Alcoholism  
1-800-622-2255

**Disciplinary Sanctions for Violations of the Standards of Conduct**

Violation of the Student Handbook #111 will be dealt with strictly. Such violations will result in the confiscation of the alcoholic beverage and may result in the revocation, for a specific period, of the student’s privilege regarding drinking. It may also result in disciplinary probation. If such violations continue, the student will be brought before the Formation Committee. (Student Handbook #111, 1.6)

**DUI Policy** A student arrested for DUI (Driving Under the Influence) is ordinarily subject to immediate dismissal from the College. A student may appeal a dismissal decision to the Formation Appeals Committee if there are mitigating circumstances warranting consideration. The decision to consider an appeal rests with the Formation Committee. (Student Handbook #111, 1.2)

**Drugs** The policy of the College in regard to drugs is that anyone possessing and/or using illegal drugs is subject to immediate dismissal by the Dean of Students. (Student Handbook #111, 1.3)

(Reviewed and approved by the Board of Administration, September 25, 2023)